



PATIENT INFORMATION GUIDE

Home Visits

Thoughtful, physician-led primary care in the comfort and familiarity of your home.

What is a home visit?

A home visit brings an in-person primary-care appointment to the patient. Dr. Yessenia Marte evaluates the patient where they live, helping reduce the burden of transportation and making care more accessible for adults who have difficulty traveling to a traditional office.

Who may benefit?

- Older adults and patients with limited mobility or transportation challenges.
- Adults who need ongoing primary care or follow-up after a hospitalization.
- Patients managing multiple medications or chronic medical conditions.
- Caregivers who would benefit from participating in the visit, with the patient's permission.

What to expect during the visit

- Review of your health history, current concerns, medications, allergies, and recent hospital care.
- Vital signs and a focused or comprehensive physical examination, based on your needs.
- Discussion of preventive care and management of chronic conditions.
- Medication review and prescriptions when medically appropriate.
- Orders for laboratory testing, imaging, or specialist referrals when indicated.
- A personalized care plan and instructions about follow-up.

How to prepare

- Have your photo identification and insurance cards available.
- Gather all prescription medications, over-the-counter products, vitamins, and supplements.
- Prepare a list of symptoms, questions, recent test results, and hospital discharge paperwork.
- Choose a quiet, well-lit area with enough space for a private medical evaluation.
- Let us know in advance about stairs, parking instructions, pets, mobility needs, or safety concerns.

Service area and limitations

Home visits are offered to eligible adults in selected Greater Orlando communities, including Orlando, Winter Park, Oviedo, Casselberry, Sanford, Longwood, Lake Mary, and Winter Springs. Availability depends on location, scheduling, clinical appropriateness, and insurance benefits.

Some symptoms require urgent testing, hospital care, or evaluation in a medical facility. A home visit may not be appropriate for every condition.

Ready to get started?

Call our office to request an appointment and verify insurance eligibility. Coverage and patient responsibility vary by plan. Verification is not a guarantee of payment.

Marte Mobile Medicine provides non-emergency medical care. If you are experiencing a medical emergency, call 911 or go to the nearest emergency department.